

*Forces International*

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# THERAPEUTIC EFFECTS OF SMOKING AND NICOTINE



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[Smoking lowers Parkinson's disease risk](#) - More evidence that smoking fights Parkinson - "A new study adds to the previously reported evidence that cigarette smoking protects against Parkinson's disease. Specifically, the new research shows a temporal relationship between smoking and reduced risk of Parkinson's disease. That is, the protective effect wanes after smokers quit."

[Impact of Smoking on Clinical and Angiographic Restenosis After Percutaneous Coronary Intervention](#) – This large study shows yet another benefit of smoking. This time the benefit concerns restenosis, that is, the occlusion of coronary arteries. Smokers have much better chances to survive, heal and do well. Where is the press? Nowhere to be found, of course; we are talking about a significant positive about tobacco and smoking, which affects the health of people, don't we? Well, **come on!** We are also talking about *responsible media*, here... people better increase their chances of death from cardiovascular disease than *getting the idea that smoking may be good for them* – a totally unacceptable [paradox](#).



The Oxford English Dictionary defines [paradox](#) in these terms: "*A statement or tenet contrary to received opinion or belief ... as being discordant with what is held to be established truth, and hence absurd or fantastic*". Since the benefits of smoking are too numerous and consistent to be attributable to error or random chance, it follows that the *established truth asserting that smoking is the cause of (almost) all disease cannot be true* – a reality that dramatically clashes with the gigantic corruption of public health, its pharmaceutical and insurance mentors, institutions and media. Therefore, it is constantly suppressed in the interest of public health, but not of the people.

## Severe Gum Recession, Less Of A Risk For Smokers

In the strange world that anti-tobacco has wrought, any research that deviates from the tobacco-is-the-root-of-all-evil template is noteworthy. Here is a study that shows that smokers are actually at lower risk from gum disease. In this page (scroll down) there is more scientific evidence from other sources about oral health and smoking.



Honest scientists have always known that smoking has some benefit. From the apparent shielding effect against Parkinson's and Alzheimer's diseases to the more intangible benefits associated with well-being and tranquility, smoking tobacco in many ways is definitely good for your health.

One of the "Health Warnings" on cigarette pack in Canada. There is no solid proof for any of the diseases attributed to tobacco - just statistics and speculative associations, but the ministries of health continue to lie to the public, in a dazzling display of intellectual, professional, moral and political corruption.

## Twin Study Supports Protective Effect of Smoking For Parkinson's Disease

*"Dr. Tanner's group continued to see significant differences when dose was calculated until 10 years or 20 years prior to diagnosis. They conclude that this finding **refutes the suggestion that individuals who smoke more are less likely to have PD because those who develop symptoms quit smoking.**" **"The inverse association of smoking dose and PD can be attributed to environmental, and not genetic, causes with near certainty," the authors write.***

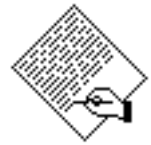
Total silence from the antismoking mass media droids, of course, on this pivotal, long-range study that shows yet another benefit of smoking. The reasons are obvious, and they need no further comments. If the intention of "public health" is to inform the public about the consequences of smoking on health as it proclaims, why don't we see "warnings" such as: **"Smoking Protects against Parkinson's Disease,"** or **"Smoking protects against Alzheimer's Disease,"**

or "**Smoking protects against Ulcerative Colitis**" and so on, alongside with the other speculations on "tobacco-related" disease? Isn't the function of public health to tell the citizens about ALL the effects on health of a substance? Obviously not. "Public health," today, is nothing more than a deceiving propaganda machine paid by pharmaceutical and public money to promote frauds, fears, and puritanical rhetoric dressed up in white coats.

**Does tobacco smoke prevent atopic disorders? A study of two generations of Swedish residents** - *"In a multivariate analysis, children of mothers who smoked at least 15 cigarettes a day tended to have **lower odds** for suffering from allergic rhino-conjunctivitis, allergic asthma, atopic eczema and food allergy, **compared to children of mothers who had never smoked** (ORs 0.6-0.7). Children of fathers who had smoked at least 15 cigarettes a day had a similar tendency (ORs 0.7-0.9)."*

Kids of smokers have LOWER asthma! You certainly won't see this one on the health news of BBC or ABC, as they are too busy trying to convince us that smokers "cause" asthma in their kids - and in the kids of others. That, of course, is not true, as smoking does not "cause" asthma.

**Shocker: 'Villain' nicotine slays TB** - *"Nicotine might be a surprising alternative someday for treating stubborn forms of tuberculosis, a University of Central Florida researcher said Monday. The compound stopped the growth of tuberculosis in laboratory tests, even when used in small quantities, said Saleh Naser, an associate professor of microbiology and molecular biology at UCF. ... Most scientists agree that nicotine is the substance that causes people to become addicted to cigarettes and other tobacco products."*



*"... But no one is suggesting that people with TB take up the potentially deadly habit of smoking." Of course not. It is much better to develop medication-resistant superbugs than to start smoking... It should be said that the "most scientists" in question are paid off by the pharmaceutical industry for their research; and that most of the aforementioned "scientists" promote the nicotine-based "cessation" products manufactured by their masters -- mysteriously without explaining **why** such an addictive substance becomes "**un-addictive**" when used to quit smoking!*



**[Carbon Monoxide May Alleviate Heart Attacks And Stroke](#)** - Carbon monoxide is a by-product of tobacco smoke. A report indicates very low levels of carbon monoxide may help victims of heart attacks and strokes. Carbon monoxide inhibits blood clotting, thereby dissolving harmful clots in the arteries. The researchers focused on carbon monoxide's close resemblance to nitric oxide which keeps blood vessels from dilating and prevents the buildup of white blood cells. *"Recently nitric oxide has been elevated from a common air pollutant . . . to an [internal] second messenger of utmost physiological importance. Therefore, many of us may not be entirely surprised to learn that carbon monoxide can paradoxically rescue the lung from [cardiovascular blockage] injury."* The pharmacological benefits of tobacco are nothing new.



**[Smoking Prevents Rare Skin Cancer](#)** - A researcher at the National Cancer Institute is treading treacherous waters by suggesting that smoking may act as a preventative for developing a skin cancer that primarily afflicts elderly men in Mediterranean regions of Southern Italy, Greece and Israel. Not that smoking should be recommended for that population, Dr. James Goedert is quick to assure his peers. What is important is not that smoking tobacco may help to prevent a rare form of cancer but that there is an admission by a researcher at the National Cancer Institute that there are ANY benefits to smoking.



**[Smoking Reduces The Risk Of Breast Cancer](#)** - A new study in the *Journal of the National Cancer Institute* (May 20, 1998) reports that carriers of a particular gene mutation (which predisposes the carrier to breast cancer) who smoked cigarettes for more than 4 pack years (i.e., number of packs per day multiplied by the number of years of smoking) were found to have a statistically significant 54 percent decrease in breast cancer incidence when compared with carriers who never smoked. One strength of the study is that the reduction in incidence exceeds the 50 percent threshold. However, we think it important to point out that this was a small, case control study (only 300 cases) based on self-reported data.

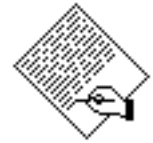


**[Nitric oxide mediates a therapeutic effect of nicotine in ulcerative colitis](#)** - *"CONCLUSIONS: Nicotine reduces circular muscle activity, predominantly through the release of nitric oxide-this appears to be 'up-regulated' in active ulcerative colitis. These findings may explain some of the therapeutic benefit from nicotine (and smoking) in ulcerative colitis and may account for the colonic motor dysfunction in active disease."*



**Effects of Transdermal Nicotine on Cognitive Performance in**

**Down's Syndrome** - "We investigated the effect of nicotine-agonistic stimulation with 5 mg transdermal patches, compared with placebo, on cognitive performance in five adults with the disorder. Improvements possibly related to attention and information processing were seen for Down's syndrome patients compared with healthy controls. Our preliminary findings are encouraging..."



More benefits of nicotine. Of course, it is politically incorrect to say that this is a benefit of *smoking* - only of the pharmaceutically-produced transdermal nicotine, the one that is terribly addictive if delivered through cigarettes, but not addictive at all, and even *beneficial*, when delivered through patches....  
Antismoking nonsense aside, nicotine gets into the body regardless of the means of delivery. And more evidence about the benefits seems to emerge quite often, though the small size of this study cannot certainly be taken as conclusive.

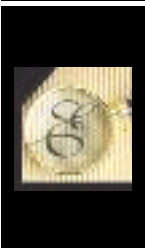


**Nicotine Benefits** - The benefits of nicotine -- and smoking -- are described in this bibliography. This information is an example of what the anti-tobacco groups do not want publicized because it fails to support their agenda. Some of the studies report benefits not just from nicotine, but from *smoking itself*. But of course, according to the anti-smokers, all these scientists have been "paid by the tobacco industry" ... even though this is not true. Sadly, personal slander and misinformation are the price a scientist has to pay for honest work on tobacco.



**Parkinson's Disease Is Associated With Non-smoking** -

Bibliography of references from studies associating Parkinson's disease with non-smoking. Certain benefits of smoking are well-documented, but the anti smoking groups, backed by several medical journals (more interested in advertising revenue than in informing the population), are silent. By the way, what about the *cost of non-smokers to society due to their prevailing tendency to contract Parkinson's disease?*



**Alzheimer's Disease Is Associated With Non-Smoking** -

"A statistically significant inverse relation between smoking and Alzheimer's disease was observed at all levels of analysis, with a trend towards decreasing risk with increasing consumption".





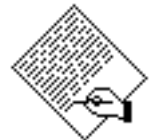
### [Research indicating that nicotine holds potential for non-surgical heart by-pass procedures honored by the american college of cardiology](#) - Dr. Christopher Heeschen of Stanford

University was honored by the American College of Cardiology for his research on the effect of nicotine on angiogenesis (new blood vessel growth). His work took third place in the 2,000 entry Young Investigators Competition in the category of Physiology, Pharmacology and Pathology. Dr. Heeschen presented compelling data from research done at Stanford revealing that the simple plant protein, nicotine, applied in small harmless doses, produced new blood vessel growth around blocked arteries to oxygen-starved tissue.



### [Smoking Your Way to Good Health](#) - The benefits of smoking

tobacco have been common knowledge for centuries. From sharpening mental acuity to maintaining optimal weight, the relatively small risks of smoking have always been outweighed by the substantial improvement to mental and physical health. Hysterical attacks on tobacco notwithstanding, smokers always weigh the good against the bad and puff away or quit according to their personal preferences.



Now the same anti-tobacco enterprise that has spent billions demonizing the pleasure of smoking is providing additional reasons to smoke. Alzheimer's, Parkinson's, Tourette's Syndrome, even schizophrenia and cocaine addiction are disorders that are alleviated by tobacco. Add in the still inconclusive indication that tobacco helps to prevent colon and prostate cancer and the endorsement for smoking tobacco by the medical establishment is good news for smokers and non-smokers alike. Of course the revelation that tobacco is good for you is ruined by the pharmaceutical industry's plan to substitute the natural and relatively inexpensive tobacco plant with their overpriced and ineffective nicotine substitutions. Still, when all is said and done, the positive revelations regarding tobacco are very good reasons indeed to keep lighting those cigarettes.

### [Does maternal smoking hinder mother-child transmission of Helicobacter pylori infection?](#) - *"Evidence for early childhood as the critical period of*

*Helicobacter pylori infection and for clustering of the infection within families suggests a major role of intrafamilial transmission. In a previous study, we found a strong inverse relation between maternal smoking and H. pylori infection among preschool children, suggesting the possibility that mother-child transmission of the infection may be less efficient if the mother smokes. To evaluate this hypothesis further, we carried out a subsequent population-based study in which H. pylori infection was measured by 13C-urea breath test in 947 preschool children and their mothers. We obtained detailed information on potential risk factors for infection, including maternal smoking, by standardized questionnaires. Overall, 9.8% (93 of 947) of the children and 34.7% (329 of 947)*

of the mothers were infected. Prevalence of infection was much lower among children of uninfected mothers (1.9%) than among children of infected mothers (24.7%). There was a strong inverse relation of children's infection with maternal smoking (adjusted odds ratio = 0.24; 95% confidence interval = 0.12-0.49) among children of infected mothers, but not among children of uninfected mothers. These results support the hypothesis of a predominant role for mother-child transmission of *H. pylori* infection, *which may be less efficient if the mother smokes.* ". [Click here](#) for more information on smoking and pregnancy.

**Risk of papillary thyroid cancer in women in relation to smoking and alcohol consumption.** - "Both smoking and alcohol consumption may influence thyroid function, although the nature of these relations is not well understood. We examined the influence of tobacco and alcohol use on risk of papillary thyroid cancer in a population-based case-control study. Of 558 women with thyroid cancer diagnosed during 1988-1994 identified as eligible, 468 (83.9%) were interviewed; this analysis was restricted to women with papillary histology (N = 410). Controls (N = 574) were identified by random digit dialing, with a response proportion of 73.6%. We used logistic regression to calculate odds ratios (OR) and associated confidence intervals (CI) estimating the relative risk of papillary thyroid cancer associated with cigarette smoking and alcohol consumption. A history of ever having smoked more than 100 cigarettes was associated with a reduced risk of disease (OR = 0.7, 95% CI = 0.5-0.9). This reduction in risk was most evident in current smokers (OR = 0.5, 95% CI = 0.4-0.7).

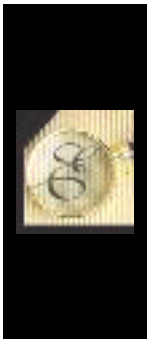
Women who reported that they had ever consumed 12 or more alcohol-containing drinks within a year were also at reduced risk (OR 0.7, 95% CI = 0.5-1.0). Similar to the association noted with smoking, the reduction in risk was primarily present among current alcohol consumers. The associations we observed, if not due to chance, may be related to actions of cigarette smoking and alcohol consumption that reduce thyroid cell proliferation through effects on thyroid stimulating hormone, estrogen, or other mechanisms. "

**Urinary Cotinine Concentration Confirms the Reduced Risk of Preeclampsia with Tobacco Exposure** - This study, though small, shows one of the benefits of smoking during pregnancy. "These findings, obtained by using laboratory assay, confirm the reduced risk of developing preeclampsia with tobacco exposure. (*Am J Obstet Gynecol* 1999;181:1192-6.) " [Click here](#) for more information on smoking and pregnancy.

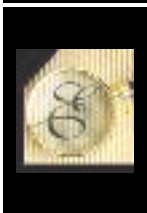
**Fact Sheet on Smoking and Alzheimer's** - From Forest UK.



**Smokers have reduced risks of Alzheimer's and Parkinson's disease** - Of the 19 studies, 15 found a reduce risk in smokers, and none found an increased risk. And smoking is clearly associated with a reduced risk of Parkinson's disease, another disease in which nicotine receptors are reduced. The fact that acute administration of nicotine improves attention and information processing in AD patients adds further plausibility to the hypothesis.



**The Puzzling Association between Smoking and Hypertension during Pregnancy** - This large study has examined nearly 10,000 pregnant women. Conclusion: *"Smoking is associated with a reduced risk of hypertension during pregnancy. The protective effect appears to continue even after cessation of smoking. Further basic research on this issue is warranted. (Am J Obstet Gynecol 1999;181:1407-13.)"* [Click here](#) for more information on smoking and pregnancy.



**Smoking: Protection Against Neural Tube Defects?** - Swedish researchers have some surprising news for pregnant women who smoke: a decreased risk of neural tube defects in babies. [Click here](#) for more information on smoking and pregnancy.